

Need information about Adult Social Care?

www.yourlifeyourchoice.org.uk

Your Life, Your Choice is a new website where you will find information about:

- ▶ remaining independent
- ▶ getting out and about
- ▶ keeping safe
- ▶ health and wellbeing
- ▶ being a carer
- ▶ equipment to help
- ▶ employment and volunteering
- ▶ independent financial advice



Your Life, Your Choice